



- The LOWER Trail -
 ("Lower" rhymes with "Flower")

The Lower Trail is a 16.5 mile public use recreational trail. It follows the abandoned Petersburg Branch of the old Pennsylvania Railroad, along the Frankstown Branch of the Juniata River between Flowing Spring (near Canoe Creek State Park) in Blair County, and Alfarata (near Alexandria) in Huntingdon County.

The Lower Trail is open year-round for hiking, bicycling, cross-country skiing, bird-watching, photography, and equestrian uses. It also provides access to the Frankstown Branch of the Juniata River for fishing, canoeing, and kayaking.

**Please respect the trail and your fellow users.
 Be safe, courteous, and leave no trace.**



- KEY**
- █ Rails-To-Trails of Central PA Trail
 - █ US Route 22
 - █ Juniata River, Frankstown Branch
 - █ State Road
 - County / Local Road
 - █ Lake
 - Trail Head / Parking / Chem. Toilet
 - ▲ Pavillion ☂ Shelter Bench
 - 🔥 Visitors Center / Artifacts / Hq.